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(54) Title: USE OF ALLICIN FOR CONTROL OF WEIGHT IN MAMMALS

(57) Abstract: Allicin is used for control of weight in mammals, in particular for reduction of weight and/or prevention of weight gain, more particularly for prevention of weight gain in an individual who has previously undergone a diet for reducing weight.

## USE OF ALLICIN FOR CONTROL OF WEIGHT IN MAMMALS

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### FIELD OF THE INVENTION

The present invention relates to compositions comprising alliin and to methods for reduction of weight and/or for prevention of weight gain in mammals, particularly in humans.

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### BACKGROUND OF THE INVENTION

Garlic and garlic preparations commercially available in the form of garlic oil, extracts, pills or tablets are widely used for some therapeutic purposes including lowering blood pressure, although their therapeutic effect is still  
15 questionable. Usually the preparation procedures of such garlic preparations are unknown and the composition and amount of their active ingredients are not defined making difficult the proper evaluation of their therapeutic effect. Nevertheless, some studies reported the beneficial effects of garlic on cardiovascular risk factors, mainly hyperlipidemia and thrombogenesis in animals  
20 and in humans. Thus, administration of fresh garlic or etheric garlic extracts was shown to induce an increase in fibrinolytic activity (Bordia et al., 1977; Kieswetter et al., 1990), to inhibit platelet aggregation (Makheja and Bailey, 1990), to protect cholesterol-fed rabbits against the onset of atherosclerosis (Efendy et al., 1997), and to improve lipid profile including reduction of serum cholesterol levels (Bordia and  
25 Verma, 1980; Bordia et al., 1975; Knipschild and Ter-Riet, 1989; Augusti and Mathew, 1974). These studies demonstrated a very impressive effect of garlic, but most studies were limited by several factors such as lack of controlled methods and suitable double-blind studies and use of preparations with unknown amount and chemical identification of the active ingredient.

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Among the active principles present in garlic, the principal component is alliin (thio-2-propene-1-sulfinic acid S-allyl ester), a chemically unstable,

colorless liquid that is thought to be responsible for both the odor and much of the biological activity of garlic. Allicin is not present as such in the intact garlic clove, but is produced together with pyruvate and ammonia from the odorless precursor alliin (+)(S-allyl-L-cysteine sulfoxide) in the presence of the enzyme alliinase [E.C. 4.4.1.4.]. Alliin and alliinase are found in different compartments of the garlic clove. The cutting or crushing of the clove enables the enzyme to come into contact with the precursor thus producing allicin.

Allicin was shown to exhibit the beneficial properties ascribed to garlic (Eilat et al., 1995; Elkayam et al., 1999) but its use as the active ingredient of pharmaceutical compositions has not been made possible for lack of suitable methods for its production in stable and purified form. The chemical synthesis involves many steps and is complicated, laborious, expensive, and very inefficient.

The enzymatic method for the preparation of allicin is more attractive. However, alliinase is a so-called "suicidal enzyme", that is rapidly and irreversibly inactivated by its own reaction product, allicin. Thus, incubation for a few minutes of alliinase with the substrate alliin or its product, allicin, leads to a biologically inactive enzyme after one or a very limited number of cycles. This problem has recently been solved by the inventors by the method described in PCT Publication No. WO 97/39115 (Mirelman et al., 1997), whereby continuous production of substantially pure allicin is provided by adding the substrate alliin to a column comprising immobilized garlic alliinase.

### **SUMMARY OF THE INVENTION**

It has now been found, according to the present invention, that allicin is also effective in control of weight in mammals.

The present invention thus relates to compositions comprising allicin for control of weight in mammals, both for human and veterinary use. In particular, the invention provides pharmaceutical compositions for reduction of weight and/or prevention of weight gain in humans, and more particularly in individuals which have undergone a diet for reducing weight.

The pharmaceutical composition of the invention may be presented in any suitable form of administration as well known for the artisans in the art. Preferably, the composition is in a form for oral administration, for example, an aqueous solution of allicin or allicin adsorbed in a pharmaceutically acceptable polymer, e.g. a natural polysaccharide such as, but not being limited to, cellulose, starch, dextran, agar, agarose, alginic acid, guar and the like. These compositions may be prepared by mixing and spray drying the ingredients and incorporating the resulting powder into capsules by standard techniques.

The amounts of allicin to be used according to the invention will depend on the individual to be treated - the sex and age of the patient, his/her health condition and weight before treatment, and can be easily determined by physicians as necessary.

Alternatively, the composition may be in the form of a prodrug consisting of suitable forms of alliin and alliinase that will produce allicin in situ after ingestion. The alliinase, natural or recombinant, may be in soluble or insoluble form, for example, it may be chemically, physically or biologically immobilized on a solid support as described in published PCT Publication No. WO 97/39115, herein incorporated by reference as if fully described herein. In one preferred embodiment, alliinase is chemically coupled to Cl-Sepharose as described in WO 97/39115.

In another aspect, the invention relates to the use of allicin for the preparation of a pharmaceutical composition for reduction of weight and/or prevention of weight gain.

In still another aspect, the invention relates to a method for reduction of weight and/or prevention of weight gain which comprises administering to an individual in need thereof an effective amount of allicin.

#### **BRIEF DESCRIPTION OF THE DRAWINGS**

Fig. 1 shows the average body weight of 8 rats, initially and after receiving fructose diet for 3 and 5 weeks.

Fig. 2 shows the average body weight of 7 rats, initially and after receiving fructose diet for 3 weeks and then fructose + allicin (8 mg/kg/day) for another 2 weeks.

Fig. 3 shows the average body weight of 5 rats, initially and after receiving fructose diet + allicin (8 mg/kg/day) for 3 weeks and then fructose only for another 2 weeks.

Fig. 4 shows the average body weight of 8 rats, initially and after receiving fructose diet for 3 weeks and then fructose + trandolapril (0.1 mg/kg/day) for another 2 weeks.

Fig. 5 shows the average body weight of 10 rats, initially and after receiving fructose diet for 3 weeks and then fructose + enalapril (20 mg/kg/day) for another 2 weeks.

#### **DETAILED DESCRIPTION OF THE INVENTION**

The invention will be illustrated according to the following non-limiting Example with reference to the drawings.

#### **EXAMPLE. Allicin prevents weight gain in rats on a fructose-enriched diet**

##### **Materials and Methods**

(a) Pure allicin was produced by interaction of the synthetic substrate alliin with purified alliinase isolated from garlic cloves as described previously in PCT Publication No. WO 97/39115 (Mirelman et al., 1997). Fructose was purchased from Harlan, Teklad (Madison, WI, USA). Sprague-Dawley rats were purchased from ANILAB, Tal-Shahar, Israel.

(b) Experiments were carried out on Reaven's rat model, according to which Sprague-Dawley rats become insulin-resistant, hyperinsulinemic, hypertriglyceridemic and hypertensive when fed a fructose-enriched diet (Reaven, 1991). This model was previously used by the inventors to test the effect of different angiotensin-converting enzyme inhibitors (ACEI), namely enalapril,

ramipril and lisinopril, on metabolic parameters and hypertension in said rats, and enalapril was found to have the most beneficial effect on all parameters (Erllich and Rosenthal, 1995).

## 5 Experimental

Male Sprague-Dawley rats, 8 per group, initially weighing 240-250 g, were fed a fructose-enriched diet which consisted of 21% protein, 5% fat, 60% carbohydrate, 0.49% sodium and 0.49% potassium, for 5 weeks, which produced hyperinsulinemia, hypertension and hypertriglyceridemia.

10 Animals were divided into 5 groups:

- I. Fructose only (control group).
- II. Allicin (8mg/kg/day) added daily during the last 2 weeks.
- III. Allicin (8mg/kg/day) given during the first 3 weeks of fructose-rich diet.
- 15 IV. Trandolapril (0.1mg/kg/day) added during the last 2 weeks.
- V. Enalapril (20mg/kg/day) added during the last 2 weeks.

Both trandolapril and enalapril are known ACEI inhibitors used for treatment of arterial hypertension.

Weight was measured at the beginning of the experiment and after 3 and 5 weeks on the diet. The same amount of food was consumed by all 5 study groups.

20 As shown in Fig. 1, rats on a diet of fructose only (group I, 8 rats – control group) had their weight raised from  $233.5 \pm 8.0$  g to  $329.6 \pm 28.8$  g after 3 weeks, and at the end of 5 weeks to  $376.1 \pm 38.4$  g.

As shown in Fig. 2, rats after a 3-week fructose-enriched diet had their weight raised from  $259.1 \pm 9.6$  g to  $292.2 \pm 12.6$  g, and their weight remained fairly steady when administered fructose+allicin during the following 2 weeks (group II, 25 7 rats), reaching  $282.4 \pm 17.4$  g.

When the protocol was reversed and the animals were given fructose and allicin concomitantly for 3 weeks and then fructose alone for another 2 weeks 30 (group III, 5 rats), their weight remained steady:  $262.2 \pm 18.4$  g at baseline,

273±14.7 g after 3 weeks on fructose/allicin and 263±24.2 g after 2 more weeks on fructose alone (Fig. 3).

As shown in Fig. 4, rats that received a fructose-enriched diet for 3 weeks had their weight raised from 229.8±3.8 g at the baseline to 330.2±15.5 g after 3 weeks, and then after receiving fructose + trandolapril group (group IV, 8 rats) for another 2 weeks had their weight raised to 355.1±20.0 g at the end of the 5<sup>th</sup> week. Similar results were obtained with rats fed fructose for 3 weeks and then fructose + enalapril group (group V, 10 rats) for another 2 weeks (Fig. 5).

The results above clearly show that both the control and trandolapril/enalapril groups continued to gain weight (Figs. 1, 4, 5), while the allicin groups did not (Figs. 2, 3).

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**CLAIMS:**

1. A pharmaceutical composition for control of weight in mammals comprising allicin and a pharmaceutically acceptable carrier.
- 5 2. The pharmaceutical composition according to claim 1, for reduction of weight.
3. The pharmaceutical composition according to claim 1, for prevention of  
10 weight gain.
4. The pharmaceutical composition according to claim 3, for prevention of weight gain in individuals which have undergone a diet for reducing weight.
- 15 5. The pharmaceutical composition according to any one of claims 1 to 4, for oral administration.
6. The pharmaceutical composition according to any one of claims 1 to 5, wherein allicin is provided in the form of a prodrug consisting of suitable forms of  
20 alliin and alliinase.
7. The pharmaceutical composition according to claim 6, wherein the alliinase is immobilized on a solid support.
- 25 8. Use of allicin for the preparation of a pharmaceutical composition for control of weight in mammals.
9. The use according to claim 8, for reduction of weight.
- 30 10. The use according to claim 8, for prevention of weight gain.

11. The use according to claim 10, wherein said pharmaceutical composition is for prevention of weight gain in individuals which have undergone a diet for reducing weight.
- 5 12. The use according to any one of claims 8 to 11, wherein the composition is for oral administration.
13. The use according to any one of claims 8 to 11, wherein allicin is provided in the form of a prodrug consisting of suitable forms of alliin and alliinase.
- 10 14. The use according to claim 13, wherein the alliinase is immobilized on a solid support.
- 15 15. A method for controlling weight which comprises administering to an individual in need thereof an effective amount of allicin.
16. A method according to claim 15 wherein allicin is administered for reduction of weight gain.
- 20 17. A method according to claim 15 wherein allicin is administered for prevention of weight gain.
18. The method according to claim 17, for prevention of weight gain in an individual who has previously undergone a diet for reducing weight.
- 25 19. The method according to any one of claims 15 to 18, wherein allicin is administered orally.
- 30 20. The method according to any one of claims 15 to 19, wherein allicin is provided in the form of a prodrug consisting of suitable forms of alliin and alliinase.

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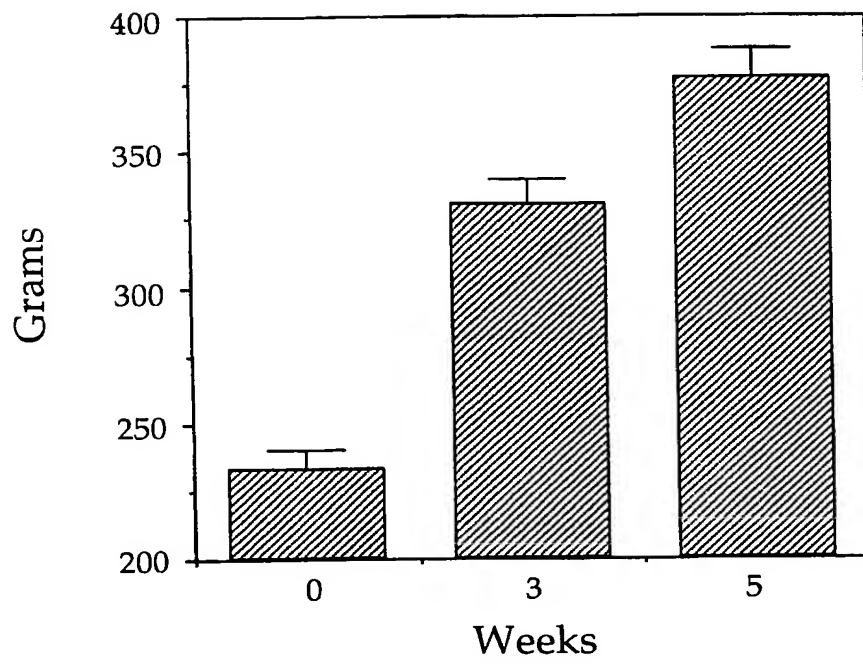


Fig. 1

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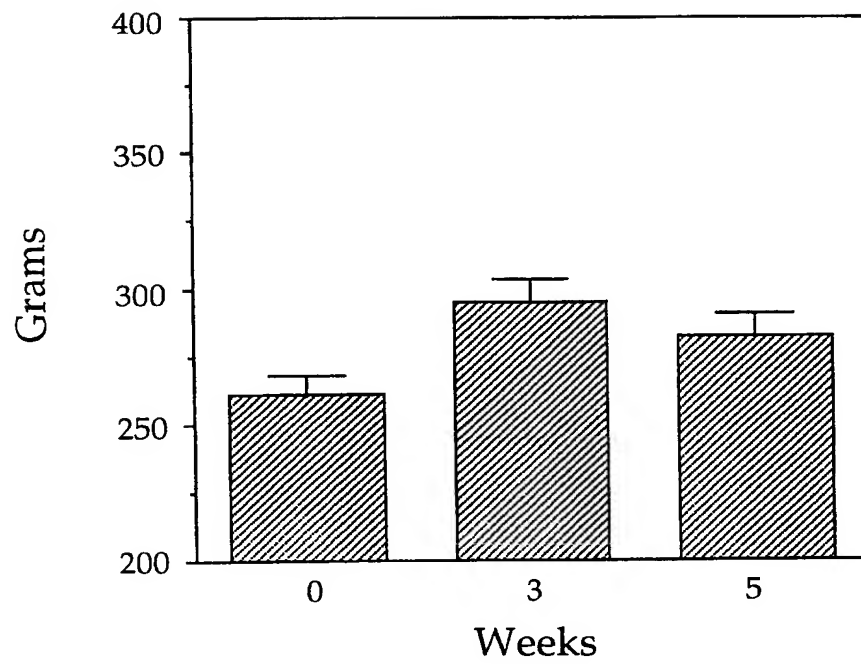


Fig. 2

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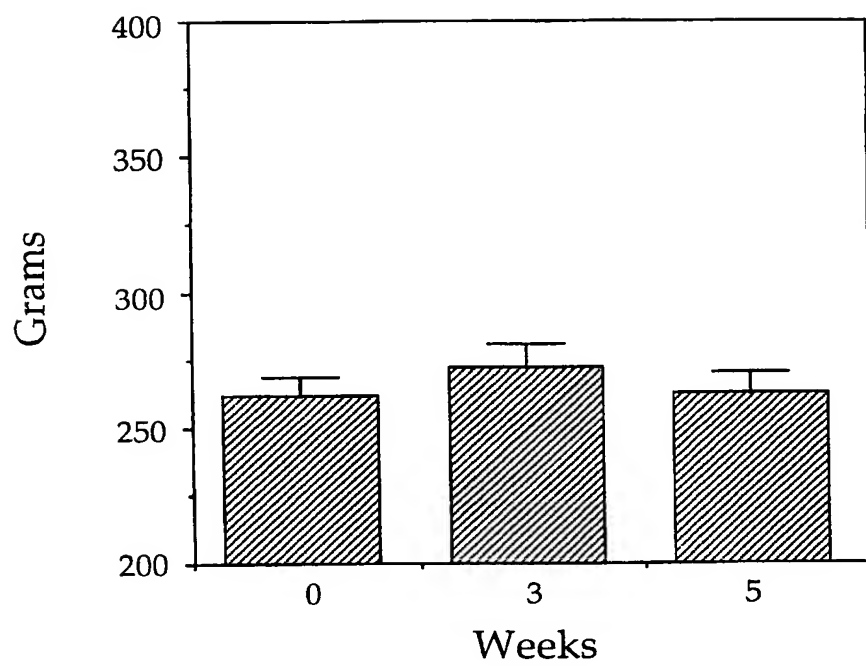


Fig. 3

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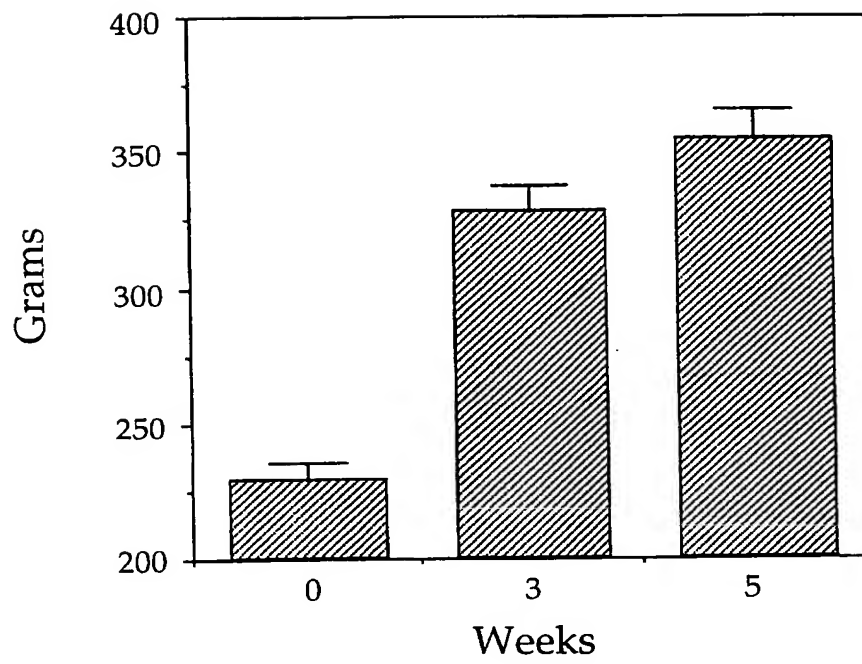


Fig. 4

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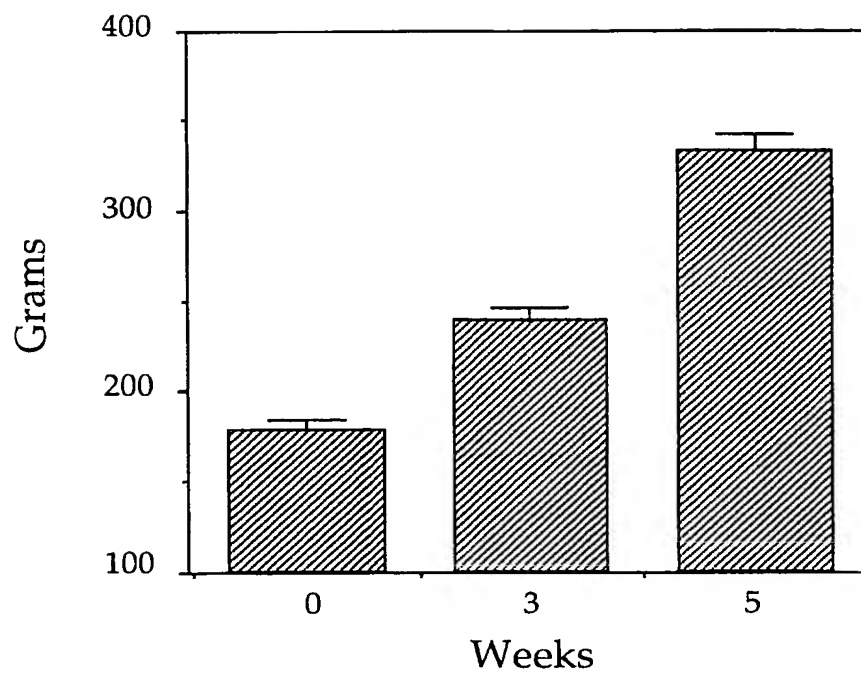


Fig. 5



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1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40 41 42 43 44 45 46 47 48 49 50 51 52 53 54 55 56 57 58 59 60 61 62 63 64 65 66 67 68 69 70 71 72 73 74 75 76 77 78 79 80 81 82 83 84 85 86 87 88 89 90 91 92 93 94 95 96 97 98 99 100 101 102 103 104 105 106 107 108 109 110 111 112 113 114 115 116 117 118 119 120 121 122 123 124 125 126 127 128 129 130 131 132 133 134 135 136 137 138 139 140 141 142 143 144 145 146 147 148 149 150 151 152 153 154 155 156 157 158 159 160 161 162 163 164 165 166 167 168 169 170 171 172 173 174 175 176 177 178 179 180 181 182 183 184 185 186 187 188 189 190 191 192 193 194 195 196 197 198 199 200 201 202 203 204 205 206 207 208 209 210 211 212 213 214 215 216 217 218 219 220 221 222 223 224 225 226 227 228 229 230 231 232 233 234 235 236 237 238 239 240 241 242 243 244 245 246 247 248 249 250 251 252 253 254 255 256 257 258 259 260 261 262 263 264 265 266 267 268 269 270 271 272 273 274 275 276 277 278 279 280 281 282 283 284 285 286 287 288 289 290 291 292 293 294 295 296 297 298 299 300 301 302 303 304 305 306 307 308 309 310 311 312 313 314 315 316 317 318 319 320 321 322 323 324 325 326 327 328 329 330 331 332 333 334 335 336 337 338 339 340 341 342 343 344 345 346 347 348 349 350 351 352 353 354 355 356 357 358 359 360 361 362 363 364 365 366 367 368 369 370 371 372 373 374 375 376 377 378 379 380 381 382 383 384 385 386 387 388 389 390 391 392 393 394 395 396 397 398 399 400 401 402 403 404 405 406 407 408 409 410 411 412 413 414 415 416 417 418 419 420 421 422 423 424 425 426 427 428 429 430 431 432 433 434 435 436 437 438 439 440 441 442 443 444 445 446 447 448 449 450 451 452 453 454 455 456 457 458 459 460 461 462 463 464 465 466 467 468 469 470 471 472 473 474 475 476 477 478 479 480 481 482 483 484 485 486 487 488 489 490 491 492 493 494 495 496 497 498 499 500 501 502 503 504 505 506 507 508 509 510 511 512 513 514 515 516 517 518 519 520 521 522 523 524 525 526 527 528 529 530 531 532 533 534 535 536 537 538 539 540 541 542 543 544 545 546 547 548 549 550 551 552 553 554 555 556 557 558 559 560 561 562 563 564 565 566 567 568 569 570 571 572 573 574 575 576 577 578 579 580 581 582 583 584 585 586 587 588 589 590 591 592 593 594 595 596 597 598 599 600 601 602 603 604 605 606 607 608 609 610 611 612 613 614 615 616 617 618 619 620 621 622 623 624 625 626 627 628 629 630 631 632 633 634 635 636 637 638 639 640 641 642 643 644 645 646 647 648 649 650 651 652 653 654 655 656 657 658 659 660 661 662 663 664 665 666 667 668 669 670 671 672 673 674 675 676 677 678 679 680 681 682 683 684 685 686 687 688 689 690 691 692 693 694 695 696 697 698 699 700 701 702 703 704 705 706 707 708 709 710 711 712 713 714 715 716 717 718 719 720 721 722 723 724 725 726 727 728 729 730 731 732 733 734 735 736 737 738 739 740 741 742 743 744 745 746 747 748 749 750 751 752 753 754 755 756 757 758 759 760 761 762 763 764 765 766 767 768 769 770 771 772 773 774 775 776 777 778 779 780 781 782 783 784 785 786 787 788 789 790 791 792 793 794 795 796 797 798 799 800 801 802 803 804 805 806 807 808 809 810 811 812 813 814 815 816 817 818 819 820 821 822 823 824 825 826 827 828 829 830 831 832 833 834 835 836 837 838 839 840 841 842 843 844 845 846 847 848 849 850 851 852 853 854 855 856 857 858 859 860 861 862 863 864 865 866 867 868 869 870 871 872 873 874 875 876 877 878 879 880 881 882 883 884 885 886 887 888 889 890 891 892 893 894 895 896 897 898 899 900 901 902 903 904 905 906 907 908 909 910 911 912 913 914 915 916 917 918 919 920 921 922 923 924 925 926 927 928 929 930 931 932 933 934 935 936 937 938 939 940 941 942 943 944 945 946 947 948 949 950 951 952 953 954 955 956 957 958 959 960 961 962 963 964 965 966 967 968 969 970 971 972 973 974 975 976 977 978 979 980 981 982 983 984 985 986 987 988 989 990 991 992 993 994 995 996 997 998 999 1000 1001 1002 1003 1004 1005 1006 1007 1008 1009 1010 1011 1012 1013 1014 1015 1016 1017 1018 1019 1020 1021 1022 1023 1024 1025 1026 1027 1028 1029 1030 1031 1032 1033 1034 1035 1036 1037 1038 1039 1040 1

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# INTERNATIONAL SEARCH REPORT

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A. CLASSIFICATION OF SUBJECT MATTER  
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According to International Patent Classification (IPC) or to both national classification and IPC

## B. FIELDS SEARCHED

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Documentation searched other than minimum documentation to the extent that such documents are included in the fields searched

Electronic data base consulted during the International search (name of data base and, where practical, search terms used)

EPO-Internal, PAJ, CHEM ABS Data, WPI Data, BIOSIS

## C. DOCUMENTS CONSIDERED TO BE RELEVANT

Category *	Citation of document, with indication, where appropriate, of the relevant passages	Relevant to claim No.
X	YOUN SHIK LEE : "A comparative study of the effect of allicin and arsenite on albino rats with special regard to the effect on body weight, hemoglobin, and hepatic histology" NEW MEDICAL JOURNAL, no. 1, 1967, pages 99-101, XP000983088 seoul, korea page 100, line 1 - line 5 ---	1,8,15
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☒ Further documents are listed in the continuation of box C.

☒ Patent family members are listed in annex.

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Date of the actual completion of the international search

15 February 2001

Date of mailing of the international search report

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# INTERNATIONAL SEARCH REPORT

Int lional Application No  
PCT/IL 00/00323

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